



Memo

To: **1990, 1991, 1992 Girls attending Regional Camp (7/9 to 7/12)**  
**1993 Girls attending Regional Camp (7/9 to 7/13)**

From: Kate Obuchowicz, EPYSA Staff ODP Co-coordinator

Date: 6/23/2009

**Attached is the information for Regional Camp at the  
University of Rhode Island (URI)  
1990, 91 & 92's - Thursday, July 9 to Sunday, July 12, 2009  
1993 – Thursday, July 9 to Monday, July 13, 2009**

**The bus pick-up sites with times and directions are below. The bus is mandatory – Cost \$225.00 (Chaperones are expected to ride the bus). Players and Chaperones, please E-mail Kate ([kateobie@epysa.org](mailto:kateobie@epysa.org)) your pick up site and the player's roommate request. (2 to a room), no later than Monday, June 29, 2009.**

**If you cannot attend, your must also e-mail Kate Immediately.**

When Replying please give Players Name, Birth Year & site of pick/drop off and Roommate.

Site pick-up and departure: **please be at site 15 minutes before time listed.**

**Player's Name:** \_\_\_\_\_ **Birthyear:** \_\_\_\_\_

1. \_\_\_\_\_ Rocket Sports-Wayne, PA – Depart 5:30 AM (Bus # 1)
2. \_\_\_\_\_ United German Hungarian Club, Oakford, PA - Departure 6:00 AM (Bus #2)

**Roommate request: (2 to a room)** \_\_\_\_\_

**Chaperones Cell Phone #:** \_\_\_\_\_

## Directions for bus pick-up/departures

**Bus Site pick-up and departure: e-mail [kateobie@epysa.org](mailto:kateobie@epysa.org) where you will get the bus, please be at site.**

**15 minutes before time listed. Chaperones must be at all the sites for players to use.**

- 1. YSC (formally Rocket Sports-Wayne, PA) – Depart 5:30 AM (Bus # 1)**
- 2. United German Hungarian Club (UGH), Oakford, PA - Departure 6:00 AM (Bus # 2)**

### **YSC (formally Rocket Sports – Wayne)**

224 County Line Road  
Wayne, PA 19087  
[www.rocket sports.com](http://www.rocket sports.com)  
610-293-0888 (phone)  
610-293-1551 (fax)

#### **From Route 202 Driving North**

Take Route 202 North towards King of Prussia  
Get off at the Devon Park Drive exit  
Make a left onto Devon Park Drive  
On Devon Park Drive, go to the next traffic light (County Line Road)  
YSC (Rocket Sports) will be diagonally ahead on the right hand side

#### **From Route 202 Driving South**

Take Route 202 South past King of Prussia  
About 8/10 mile after the King of Prussia shopping center, get off at the Swedesford Road exit  
At end of the exit, make a right onto Swedesford Road  
Go to the first traffic light (Warner Road) and make a right  
Take Warner Road for 3/10 of a mile to the second traffic light (Devon Park Drive)  
Make a right onto Devon Park Drive—YSC (Rocket Sports) first building on the left

#### **From Route 476 or Route 76**

Take Route 476 to the Route 76 exit  
Take Route 76 West to Route 202 South  
Take Route 202 South about 1/2 mile to the Swedesford Road exit  
At end of the exit, make a right onto Swedesford Road  
Go to the first traffic light (Warner Road) and make a right  
Take Warner Road for 3/10 of a mile to the second traffic light (Devon Park Drive)  
Make a right onto Devon park Drive—YSC (Rocket Sports) first building on the left

#### **From Lower Merion or Radnor**

Take Montgomery Avenue west into Villanova, cross over Matsonford Road (just past the trolley station).  
Make a left onto Upper Gulph Road  
On Upper Gulph Road, go 1.8 miles to the end of the road  
Make a right onto King of Prussia Road, then IMMEDIATELY turn left onto Upper Gulph Road  
Continue on Upper Gulph road (pass Cabrini College) for another 1 mile  
Make a right onto Radnor Road (see sign for Valley Forge Military Academy on left at intersection)  
Go 6/10 mile to end of the road  
Make a right onto Croton road. Go to first stop sign  
Make a left onto South Warner road  
Take Warner 7/10 mile to the first traffic ight (you will go past Pugh Road)  
Make a left at the traffic light onto Devon park Drive  
Rocket Sports will be first building on the left hand side

## 2. United German Hungarian Club

### **United German Hungarian Club**

4666 Bristol Road  
Oakford, PA 19053

215-357-9851 PA turnpike to Exit (Philadelphia). After toll booth keep to left and follow US Route 1 North. Once on US 1, get off at first exit almost immediately (toward Neshaminy Mall). Make a left (West) at traffic light in front of Mall to Old Lincoln Highway (dead end) and make a right (North) onto Old Lincoln Highway. Go to first traffic light (Bristol Road) and make a left (West). Follow Bristol Road about 6/10 of a mile to United German Hungarian Club on left side before Spruce Avenue.

### **From I-95:**

I-95 to Woodhaven Road (PA Route 63) Exit. Continue West on Woodhaven Road (PA 63) to US Route 1 NORTH Exit. Take US Route 1 North to Neshaminy exit (immediately following PA turnpike entrance) toward Neshaminy Mall. Make a left (West) at traffic light in front of Mall to Old Lincoln Highway (dead end) and make a right (North) onto Old Lincoln Highway. Go to first traffic Light (Bristol Road) and make a left (West). Follow Bristol Road about 6/10 of a mile to United German Hungarian Club on left side before Spruce Avenue.

**Check In:** Chaperones will check in at Ryan Center Parking lot on Plains Road-between 10:00 AM and 1:00 PM). Follow signage to registration for US Youth Soccer). Buses MUST park in the Ryan Center Parking Lot. Do not attempt to drive to front of building as this creates massive parking problems. Chaperones will register their entire team. Players may not register individually. Coaches may register as they arrive.

**Browning Hall Main Office - 401-874-2064 - Available 7:00 am to midnight. Emergencies only !**

**The chaperones will submit the following paperwork to the Registration staff:**

1. ODP Roster – 3 copies with changes so noted on roster – Updated 6/17/09
2. **Player Profile – form – 1 for each player (1992 & 1993 only)**
3. Key/Rooming List Form (3 copies)
4. Region 1 Chaperone information form (3 copies)
5. Medical Release form for each player (2 sets). (1 copy for Region + 1 Copy for Chaperones)
6. Player's Code of Conduct (2 sets). (1 copy for Region + 1 Copy for Chaperones.)
7. Medical History Questionnaire (2 sets). (1 copy for Region + 1 Copy for Chaperones.)

Upon completion of the Mandatory Registration, the team's chaperones will receive the following items and it will be their responsibility to distribute these items to their players. –1. Room Assignments 2. Keys or door codes for each player and chaperone . 3. Meal Cards for each player and chaperone 4. 2 T-shirts per player which must be worn for training and games. 5-Schedule for week.

**Souvenirs: T-shirts, shirt and short set, other various items.**

**Chaperones' Meeting: - There will be a Chaperones' meeting First night of camp 6:45 pm at the main tent on the field.**

**Mandatory State Team Head Coaches Meeting: Mandatory State Team Head Coaches Meeting, will be held at 3:00 PM in the Barlow Building on the first day of camp.**

**Rooms and Keys:** Players and Chaperones will be housed two per room. Each person will receive a key or door code from her Team's Chaperone. There is a "Lost Key Fine" of \$50.00. States will be billed for lost keys and it will be the State Association's responsibility to collect from the people who lost the key(s).

**NEW THIS YEAR:** Players and Staff **MUST** check out with the resident assistant in their specific dorm – turning in their meal cards and keys where applicable.

**Dormitory and Facility Damage:** Any damage charges billed to the Region 1 Girls ODP by URI will be passed onto the responsible State Association. It will be the State Association's responsibility to collect from the players who caused the damage.

**Check-Out:** Check-out will begin promptly at 11:00 a.m. on the last day of camp. Lunch will not be available.

### **Important Camp Policies and Information**

**Report Time for Players:** All players are to be in camp in time for registration between 10:00 a.m. and 1:00 PM.

**Dorm/Room Policy:** for security purposes, only attendees will be permitted in dorms. Coaches (Male or Female) WILL NOT be permitted in the Players' Dorms. VISITORS WILL NOT be permitted in the Players' Dorms. Attendees will be housed two or three to a room. **Players MAY NOT move into another room once assigned nor may they move their mattress to another room.** Please make sure all coaches and parents UNDERSTAND THIS POLICY!

Every effort will be made to house teams on the same floor. However, due to the size of the group and the layout of the dormitories, it may not always be possible to keep a team on the same floor. When this occurs, the chaperones will be split up and one will be placed on each floor.

**Curfew Policy:** The dormitory curfew is 10:30 p.m. with quiet time and lights out at 11:00 p.m. The door to the players' dorms will be locked at 11:00 p.m. and NO ONE will be permitted entrance after 11:00 p.m.

**Conduct:** All players are expected to behave as ladies. Under NO circumstances will alcoholic beverages or controlled substances be permitted in the dorms or on the fields. Cell phones are not permitted on the field or in the cafeteria.

Players **may not** leave the Campus at any time. This ruling will be strictly enforced. Players should remain with their team at all times. If parents are present during camp, they **MAY NOT** visit dorm rooms, take players off campus, or drive players to and from the field.

*Development of players on and off the field is a part of the Region 1 Olympic Development Camp Format.*

**Linens and Fans:** Players, Chaperones, Coaches and staff must bring their own sheets, towels, blankets, and pillows. The rooms are not air-conditioned – bring a fan.

**Dress Code for Camp:** *all players are to bring training gear, dark shirts and shorts and light shirts and shorts without their State Association Identification. Players will be given two (2) shirts with a number that they must use for the entire week. Shirts **MUST** be tucked in and socks pulled up. Sleeves may not be rolled up. Players may not wear slide pants or tights that extend more than two (2) inches below their shorts.*

**SHIN GUARDS MUST BE WORN AT ALL TIMES.**

**Training Clothes:** Training clothes should be sufficient for the week.

**Soccer Balls:** Each player should bring a quality #5 soccer ball with her name marked on the ball.

**Equipment:** Each coach **MUST** bring pinnies and cones for his or her team for the daily training sessions.

**ITEMS FOR PLAYERS TO BRING TO CAMP:**

ALARM CLOCK	SWEAT SHIRT/JACKET	TRAINING CLOTHES
LINENS/PILLOWS	SLEEPING BAG	TOWELS/WASHCLOTH
FAN	TOILET ARTICLES/SOAP	# 5 SOCCER BALL (with name on it)
RAINWEAR	CLEATED SHOES	SHIN GUARDS
REGULAR CLOTHES	<u>\$2.00 TOWARDS LAUNDRY</u>	WATER BOTTLE
LIP BALM	BLISTER BLOCK	SUNSCREEN

**POWERED SPORTS DRINK – SNACKS –  
FLIP FLOPS (PLAYERS SHOULD NOT GO WITHOUT SHOES)  
LARGE SAFETY PIN (FOR LAUNDRY)**

**Fields:** It is anticipated that we will have six fields throughout the day. Some fields may be across the road from our main field complex. Chaperones must always accompany the teams to and from the fields.

**Sleeves of Cups MAY NOT** be taken from the fields for use in the dorms. Please have your players clean up the area before leaving the field. **FAILURE TO COMPLY** may result in having your team clean several fields.

<b><u>Dining Hall Information:</u></b>	<b><u>Dinner 1<sup>st</sup> day Only:</u></b>	<b><u>3:00 pm – 5:00 pm</u></b>
	<b>Breakfast:</b>	<b>6:30 am – 8:30 am</b>
	<b>Lunch:</b>	<b>11:00 am- 1:00 pm</b>
	<b>Dinner :</b>	<b>4:00 pm – 6:00 pm</b>

**AMP 1 FORMS AND INFORMATION:**

1. U.S. Youth Soccer ODP State Team Roster
2. U.S. Youth Soccer Player Profile Form (1992 & 1993 Girls only)
3. U.S. Youth Soccer Key/Room Assignment Form
4. U.S. Youth Soccer Player Information and Medical Release Form
5. U.S. Youth Soccer “Players Code of Conduct”
6. U.S. Youth Soccer Region I Chaperone Information Form
7. Camp Medical History Questionnaire

**NOTE:** Items 1 through 8 can be downloaded from Region I website  
( [www.Region1.com](http://www.Region1.com) )

[www.uri.edu/home/visitors/Map/kingston\\_direction.html](http://www.uri.edu/home/visitors/Map/kingston_direction.html)