



# London

## TRIP DETAILS

**TEAM NAME:** EPYSA U13 Girls

**DESTINATION:** London

**DEPART DATE:** 03/24/2024

**RETURN DATE:** 04/01/2024

**NUMBER OF DAYS:** 9

## YOUR DAY-BY-DAY ADVENTURE

### DAY 1

#### Flight to London

**Please note:** the final itinerary may be slightly different from this program. The final itinerary will be determined based on the size of the group, any adjustments that are required (such as adding additional matches), and the final schedule of the matches. (These are place holders; sporting content will move based on opposition availability and pro game schedules. If additional matches are required, then some sightseeing content will be replaced).

### DAY 2

**Check in at Hotel** Arrive at a hotel in the greater London area that will be your base for the next seven nights.

**Welcome Meeting** Begin with a welcome meeting and orientation. Enjoy free time to explore the area around the hotel.

**Training Session** Participate in a Training Session at a local field led by your coaching staff.

**Dinner at Hotel Restaurant**

### DAY 3

#### Breakfast at Hotel

**London City Tour** Highlights may include St. Paul's Cathedral, the Tower of London, Tower Bridge, Westminster Abbey, the Houses of Parliament, Big Ben, Trafalgar Square, St. James's Park and Buckingham Palace, Changing of the Guard ceremonies.

**Friendly Match** Play an International Friendly Match against a local club or academy team in the greater London area. The team will meet and compete against athletes of similar ages and skill levels.

**Dinner at Hotel Restaurant**

### DAY 4

#### Breakfast at Hotel

**Windsor Castle** Visit Windsor Castle with audio guides. Our visit will include the richly decorated State Apartments and St. George's Chapel, a pantheon of English monarchs.

#### Windsor Free Time

**Professional Coaching Clinic** Participate in a special Professional Coaching Clinic in the greater London area. The clinic will be led by a guest coach, player or instructor. The clinic will be designed exclusively for the team and to enhance skills in areas identified by the coaching staff.

**Dinner at Hotel Restaurant**

### DAY 5

#### Breakfast at Hotel

**London Premier League Stadium Tour** Take a behind-the-scenes Stadium Tour of one of London's five Premier League sides, Arsenal, Chelsea, Tottenham, Crystal Palace or West Ham. Most tours include a guided tour of areas such as the Director's Box, the Home and Away Changing Rooms, the Players' Tunnel, and the opportunity to go Pitch side. Most tours then conclude with a visit to their Museum or Trophy Room, followed by time to shop in their super store.

#### Thames River Cruise

#### Friendly Match

**Dinner at Hotel Restaurant**

### DAY 6

#### Breakfast at Hotel

#### Training Session

**Leicester Square Walking Tour** Leicester Square is perfectly situated in the heart of London's West End, with Trafalgar Square to the south, Piccadilly Circus to the west, Covent Garden to the east, and China Town to the north.

**Covent Garden** Explore the area around Covent Garden, a lively area filled with shops, restaurants, and street performers.

#### Lillywhites Visit

**Dinner at Hotel Restaurant**

### DAY 7

#### Breakfast at Hotel

#### Friendly Match

**Tower Of London** Visit the Tower of London, one of Britain's most fascinating and important historical structures. Our visit includes the armories, a display of instruments of torture and execution and the breathtaking Crown Jewels Exhibit.

**Attend A Women's Professional Match** Attend a professional soccer match featuring teams from the area.

**Dinner at Hotel Restaurant**

### DAY 8

#### Breakfast at Hotel

#### Observe Professional Team Training

**Explore London's South Bank** You will be given time to explore the area and get a real taste of London with the many festivals and vendors that will be located in this area along River Thames.

**Attend Professional Match** Attend a professional soccer match in the greater London area.

**Dinner at Hotel Restaurant**

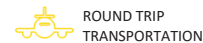
### DAY 9

#### Breakfast at Hotel

Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.



## AN ALL-INCLUSIVE EXPERIENCE



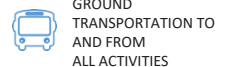
ROUND TRIP  
TRANSPORTATION



HOTEL  
ACCOMMODATIONS



ATHLETE FRIENDLY  
MEALS



GROUND  
TRANSPORTATION TO  
AND FROM  
ALL ACTIVITIES



ALL ADMISSIONS AND  
FEES FOR SCHEDULED  
ACTIVITIES



EXPERTLY  
TRAINED  
TOUR  
DIRECTORS



24-HOUR  
EMERGENCY  
SUPPORT



ACADEMIC  
CREDIT