



Lisbon



TRIP DETAILS

TEAM NAME: EPYSA U14/U15 Girls

DESTINATION: Lisbon

DEPART DATE: 03/24/2024

RETURN DATE: 04/01/2024

NUMBER OF DAYS: 9

YOUR DAY-BY-DAY ADVENTURE

DAY 1

Flight to Portugal

Please note: the final itinerary may be slightly different from this program. The final itinerary will be determined based on the size of the group, any adjustments that are required (such as adding additional matches), and the final schedule of the matches. (These are place holders; sporting content will move based on opposition availability and pro game schedules. If additional matches are required, then some sightseeing content will be replaced).

DAY 2

Check in at Hotel Arrive at a hotel in the greater Lisbon area that will be your base for the next seven nights.

Welcome Meeting Begin with a welcome meeting and orientation. Afterwards, enjoy free time to explore the area around the hotel.

Training Session at a local field led by your own coaching staff.

Dinner at Hotel Restaurant

DAY 3

Breakfast at Hotel

Lisbon Guided Tour Tour Europe's smallest capital, a port city once the entrance point for exotic wares from the far-flung corners of Asia, Africa, and the Americas. Now the city has a new vibrancy, with the opening of a new railway hub and the contrast of brash new modern buildings and restored medieval façades.

Mosteiro Do Jeronimos Tour the Mosteiro dos Jeronimos, a monastery ordered by Manuel the Fortunate to commemorate Vasco da Gama's voyage to India.

Castle of Sao Jorge Enjoy the nucleus of the original city, inhabited by the Phoenicians and subsequently by every other conquering culture.

Friendly Match Play an International Friendly Match against a local club or academy team in the Lisbon area. The team will meet and compete against athletes of similar ages and skill levels.

Dinner at Hotel Restaurant

DAY 4

Breakfast at Hotel

Training Session at a local field led by your own coaching staff.

Travel to Sintra

Palace of Peña Visit the spectacular Palace of Peña, filled with oddities from all over the world. You will have some free time to explore the area and the park that surrounds the palace.

Dinner at Hotel Restaurant

DAY 5

Breakfast at Hotel

Benfica - Estadio Da Luz Tour Travel through the Dressing Rooms, the Presidential Tribune VIP area, the Press Conference Room, the Players' Tunnel, the Pitch and Bench, and the Eagle Vitoria, Benfica's mascot and symbol. Our tour concludes as we travel back in time through the Benfica Museum, featuring memorabilia from its storied history. You will be given free time to wander through the museum.

Friendly Match

Attend Women's Professional Match Attend a professional soccer match in the Lisbon area.

Dinner at Hotel Restaurant

DAY 6

Breakfast at Hotel

Observe Professional Team Training

Pro Coaching Clinic at Sporting CP Academy

Participate in a special Professional Coaching Clinic at Sporting CP Academy, "Academia de Alcochete", known to be the birthplace of Cristiano Ronaldo, Luis Figo, and Nani.

Lunch at Academy

Sporting CP Academy Tour Take a walk through the training facilities and have access to the players' lounge.

Dinner at Hotel Restaurant

DAY 7

Breakfast at Hotel

Friendly Match

Walking Tour of Belem Take a walking tour of Belem to explore Portugal's former glory, expressed in the areas imposing and exuberant buildings. During our walk we will view the Praca do Imperio, the Archeological Museum, and the Palacio de Belem.

Dinner at Hotel Restaurant

DAY 8

Breakfast at Hotel

Free Time At The Beach Spend some time relaxing on one of Lisbon's magnificent beaches.

Attend Professional Match Attend a professional soccer match in the Lisbon area.

Dinner at Hotel Restaurant

DAY 9

Breakfast at Hotel

Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.



AN ALL-INCLUSIVE EXPERIENCE



ROUND TRIP TRANSPORTATION



HOTEL ACCOMMODATIONS



TWO MEALS A DAY (UNLESS OTHERWISE STATED)



GROUND TRANSPORTATION TO AND FROM ALL ACTIVITIES



ALL ADMISSIONS AND FEES FOR SCHEDULED ACTIVITIES



EXPERTLY TRAINED TOUR DIRECTORS



24-HOUR EMERGENCY SUPPORT



ACADEMIC CREDIT